



TEA HOUSE MENU

IN HOUSE AND TAKE OUT

\$5.00 TEA SERVICE

*HAVE A POT IN HOUSE

*TEA FLIGHTS

TAKE OUT: (SERVED IN 12OZ CUPS)

\$3.00 ENERGY BALLS (FOOD)

\$3.50 TEA

\$4.50 MATCHA (WHISKED GREEN TEA)

\$4.00 POUR OVER COFFEE (AVAILABLE IN HOUSE)

\$4.50 FRENCH PRESS COFFEE (AVAILABLE IN HOUSE)

\$6.00 TEA LATTE (OAT, ALMOND, COCONUT MYLK)

+\$1.00 HALF&HALF

***MATCHA *ALBERNI FOG *SMOKEY BREW *GOLDEN MILK**

***HOJICHA *CHAI LATTE *ROASTED OOLONG *DARK ROAST (COFFEE)**

MOST ARE MADE WITH MAPLE SYRUP; SUBSTITUTE HONEY *ALBERNI FOG USES LOCAL HONEY*

*****ALL ITEMS AVAILABLE IN HOUSE*****

CHOOSE FROM A WIDE SELECTION OF TEAS:

✦ TRADITIONAL (TRUE LOOSE LEAF)

✦ HERBS

✦ HERBAL BLENDS

✦ IMPROVISED BLENDS

EASY CHOICES! STYLE & FLAVOUR PROFILE

- * **PURPLE LEAF (GREEN)-LESS CAFFEINE, LIGHT FLAVOUR**
- * **GENMAICHA (GREEN)-ROASTED, NUTTY, SAVOURY**
- * **EASTERN BREEZE (GREEN)- ANTI-INFLAMMATORY, GINGERY**
- * **HUIMING (GREEN)- VEGETAL, GRASSY**
- * **JASMINE IN A GUN (GREEN)- FLORAL**
- * **SMOKED CHAI (BLACK)- SMOKY&SMOOTH**
- * **KATHMANDU COSMOS (BLACK)- LEMONGRASS CHAI**
- * **ASSAM (BLACK)- INDIAN ENGLISH BREAKFAST**
- * **YUNNAN DA YE (BLACK)- MALTY&FLORAL**
- * **HONEY ORCHID (OOLONG)- MINERAL, FLORAL**
- * **MEDIUM ROAST (OOLONG)- ROASTY, CREAMY**

- * **ZOMBA PEARLS (WHITE)- FLORAL, UMAMI**
- * **SWEET ELDER PEONY (WHITE)- FLOWERS&BERRIES**
- * **WILD ARBOR SHENG (PUERH)- CRISPY&EARTHY**
- * **INFINITY OX SHOU (PUERH)- CHOCOLATE&EARTHY**
- * **ROOIBOS (TISANE)- SWEET&SIMPLE**
- * **BUNNY'S BLEND (TISANE)- FLORAL&SWEET**
- * **CHOCOLATE MINT (TISANE)- ROOIBOS BASED**
- * **MOON CYCLE (TISANE)- EARTHY&SPICE**
- * **EASY BREATHING (TISANE)- CALMING&EARTHY**
- * **SPIRITUAL HEALING (TISANE)- FRESH&COMFY**
- * **FRESH N' FLORAL (TISANE)- REFRESHING**
- * **WRITER'S BLEND (TISANE)- CINNAMON&JASMINE**